

# NutriNOR News

We give you a springtime update on the activities of NutriNOR – Norway's national research school in nutrition.



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## PhD conference in October

This year's PhD conference is scheduled to take place on 17-18 October, so make sure you save the dates!

The conference will be arranged by our PhD students at the University of Agder in Kristiansand in southern Norway. They are currently working on the program, but for now they can disclose the main topic: *Research dissemination and communication*. Many exciting discussions can follow from this!

We encourage all our PhD students to sign up for the conference when the time comes. It is a great opportunity to learn and develop academically in interaction with fellow early career researchers. It is also a chance to have fun and make contacts that could last a lifetime. NutriNOR will cover your travel and accommodation expenses if you are a member.

# PhD course in December

We are proud to present NutriNOR's very first PhD course! Professor Kirsten Bjørklund Holven at the University of Oslo is the architect behind the course, which is entitled *Dietary intervention studies, dietary assessment methods and biomarkers of intake*.

The course is scheduled to take place on 2-5 December 2024 at the Department of Nutrition at the University of Oslo. It will be available to 20 participants.

The course will start on Monday with *Dietary assessment methods*. Tuesday will be dedicated to *Biomarkers of dietary intake*, and on Wednesday *Energy adjustments and substitution models* will be discussed. The subject for the final day of the course will be *Use of metabolomics in human dietary intervention studies*.

Registration for the course will start after the summer break.



# Do you need a mentor?

NutriNOR's mentor program will start in autumn 2024. The program will be available to students who are in the final year of their PhD or have recently defended their thesis.

Mentors are senior researchers or managers from NutriNOR's partners. A mentor can support you, help you plan and make decisions about your future career, consider your expertise in specific areas, and guide you on how to improve or develop in your field of interest.

A mentor and a mentee should meet 2-4 times in person or online. Mentor meetings are confidential.

If you are interested in joining the mentor program, please send an e-mail to [Marie.Skjoldal@uib.no](mailto:Marie.Skjoldal@uib.no), who will coordinate the program.



# NNSS and NNC

Nordic Nutrition Summer Symposium ([NNSS](#)) and Nordic Nutrition Conference ([NNC](#)) are right around the corner, and we are very excited! As you know, both events take place in Bergen in mid-June.

NutriNOR is hosting NNSS together with nutrition societies in the Nordic countries. This Nordic cooperation has resulted in a very interesting [program](#) which we are sure our PhD participants will appreciate.

Also, NutriNOR's first **general assembly** will be held during NNC. We need a PhD student representative from each of our academic partners to attend the meeting in person or online. We therefore ask all our PhD students to come together with their university's spokesperson in NutriNOR to elect a representative. Please send the name of your elected PhD student to [marie.skjoldal@uib.no](mailto:marie.skjoldal@uib.no) no later than 14 June.



We are looking forward to seeing many of our members in Bergen in just a few weeks! We wish you all a joyful springtime and early summer.

Jutta Dierkes and Marie Skjoldal